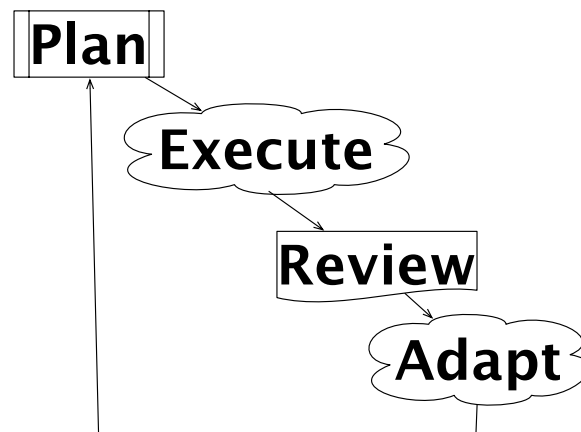


# Adopt Before You Adapt: Learning Principles through Practice

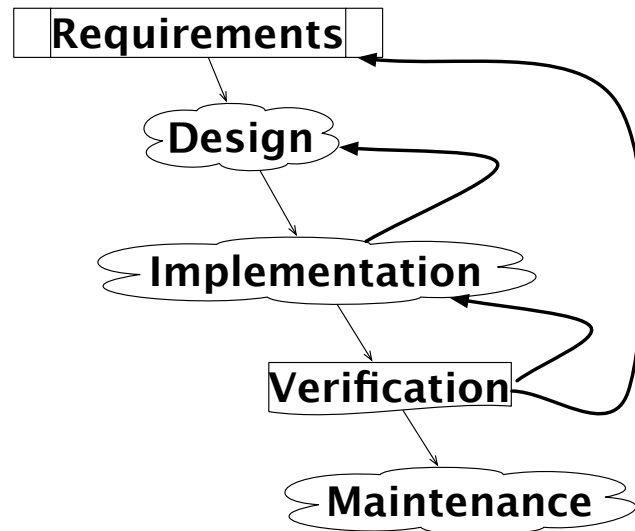
Steve Berczuk  
Fitbit, Inc.



## Agile is Simple...

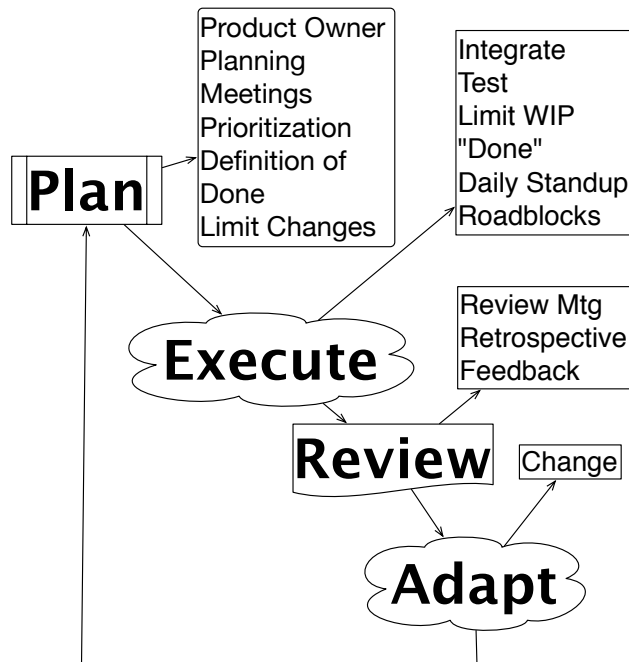


## ... Similar to Waterfall ...



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## ... But for the Details



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# “Agile” and *Agile*

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## The Agile Manifesto

- **Individuals and interactions** *over* processes and tools
- **Working software** *over* comprehensive documentation
- **Customer collaboration** *over* contract negotiation
- **Responding to change** *over* following a plan

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# Simple Rules

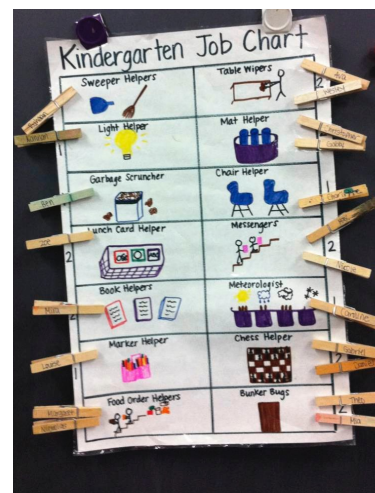
- Structure
- Tool for Change
- Discipline



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# Collaboration

- Cross Functional
- Shared Ownership
- Trust

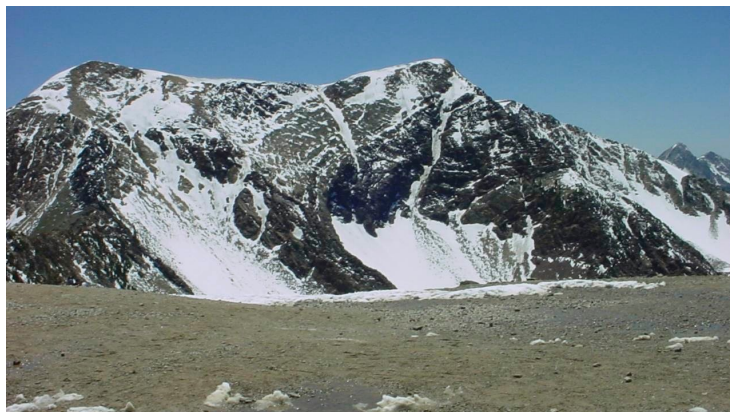


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# Feedback

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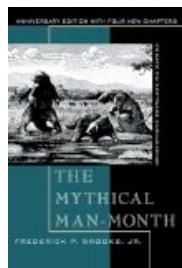
# Goal

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# Risk Management

"How does a project get  
to be a year late?  
... One day at a time."

p153



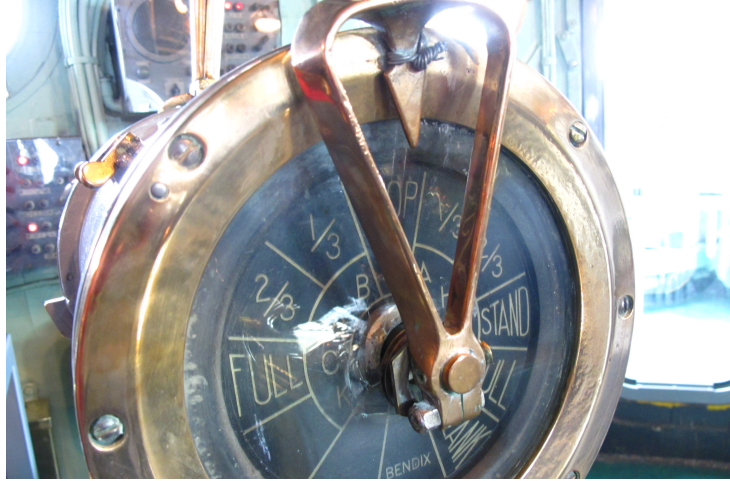
1975

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## Waterfall and Risk

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# Agile Risk Management

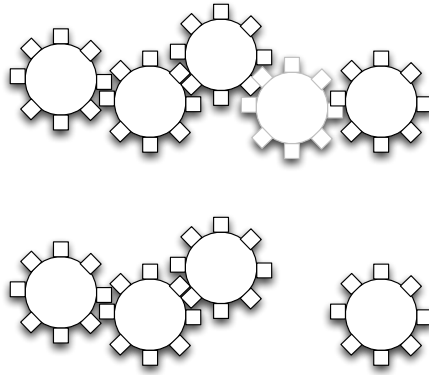
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## Impediments

- Knowledge
- Resources
- Organizational Culture
- Comfort

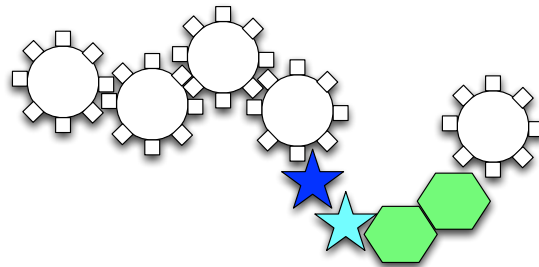
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# The Problem



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# The Other Problem



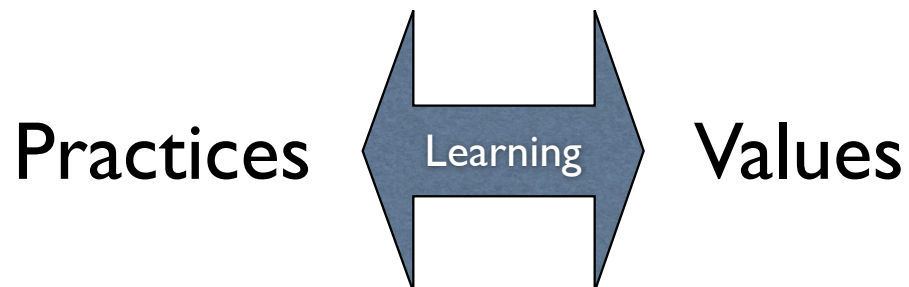
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# Data!

Observe, Adjust

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## Practice and Values

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Why do *you* want to  
adopt agile?

~~“To Be Agile”~~

To Deliver Value

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## Not Everyone Needs To Be Agile

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## Change is Hard

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# Resisting Change

- The Unknown
- Failure
- “Survival” Rules



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“Survival rules are not stupid; they are simply over-generalizations of rules we once needed for survival. We don’t want to simply throw them away...”



Jerry Weinberg

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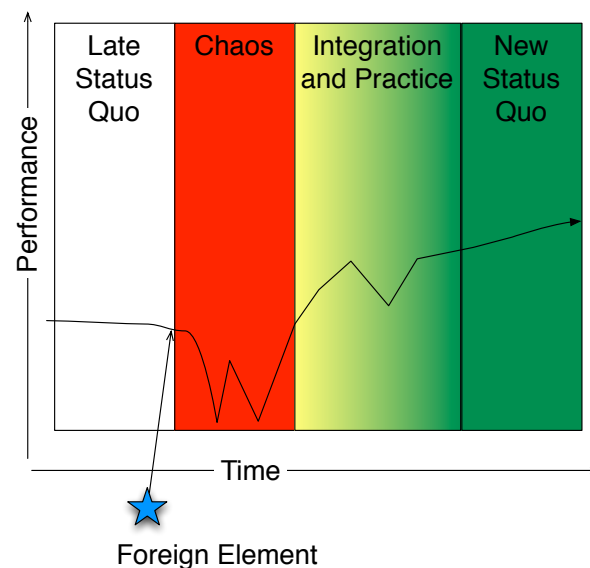
"...Survival rules can be transformed into less powerful forms, so that we can still use their wisdom without becoming incongruent."



Jerry Weinberg

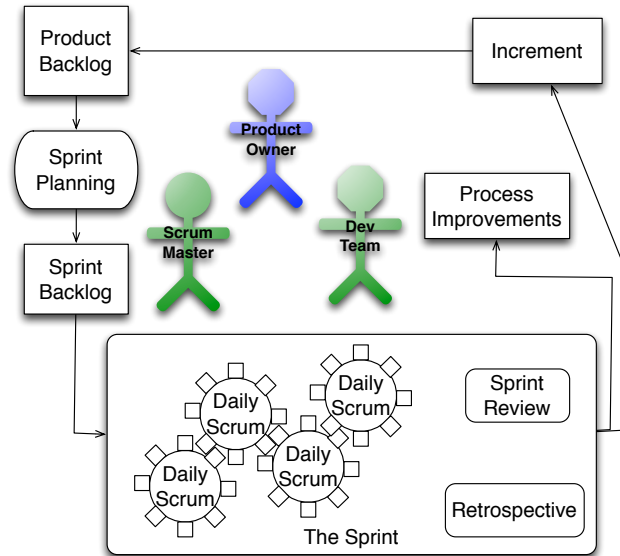
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## Satir Change Model



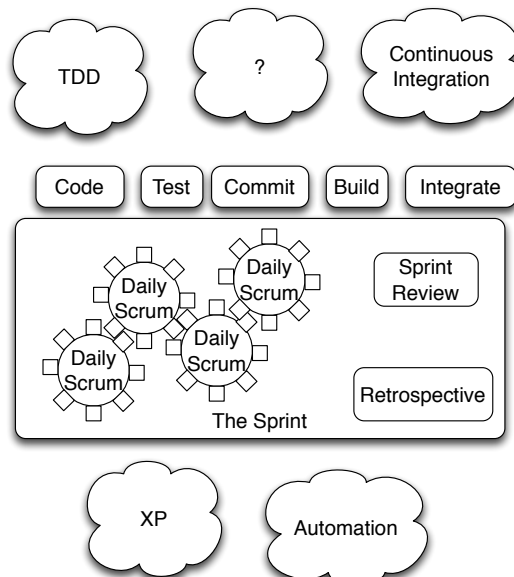
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# Scrum Overview



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# Scrum Engineering

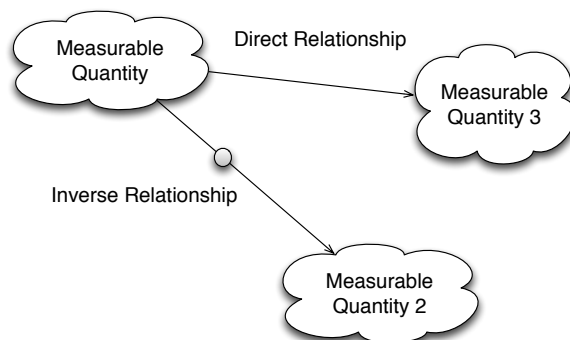


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# Effects

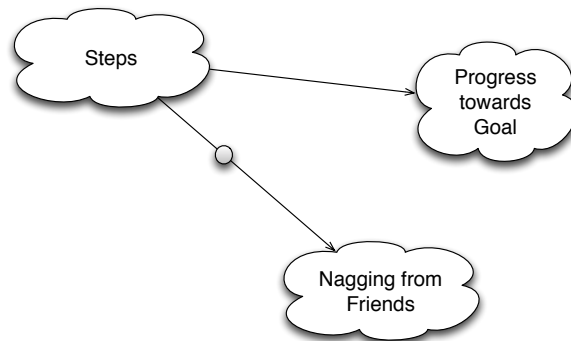
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## Diagram of Effects



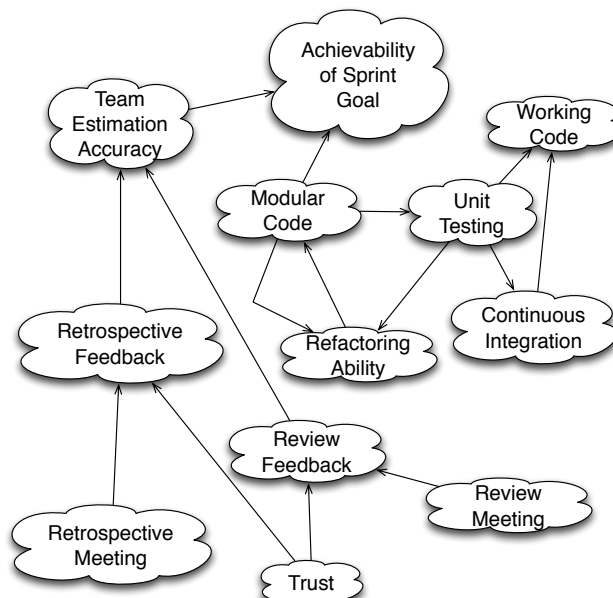
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# Diagram of Effects



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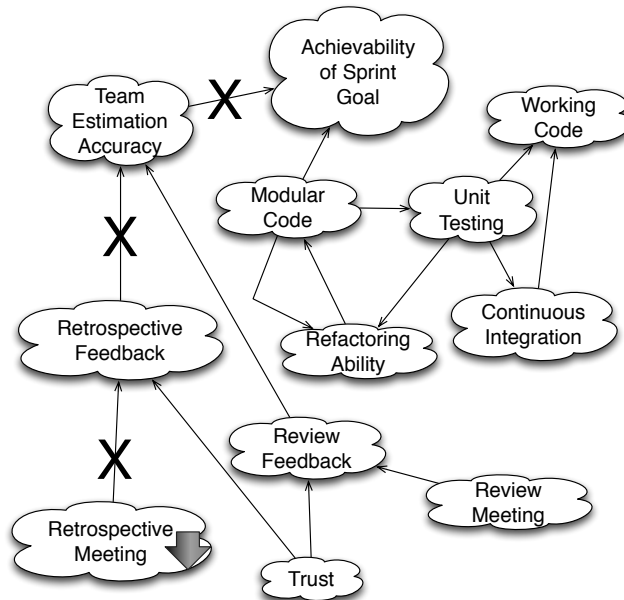
# Scrum Processes



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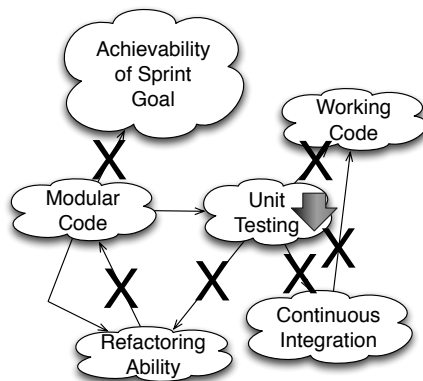


# Cascade Effects

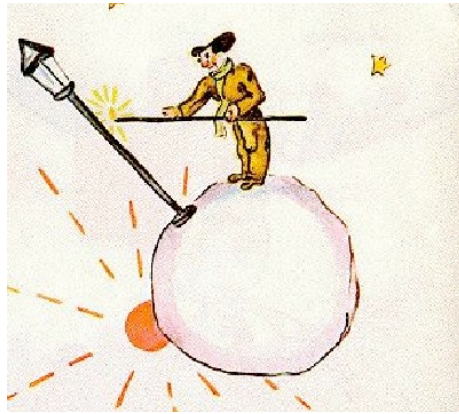


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# Cascade Effects



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# Don't Not Adapt

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## Adapt (What)

- Estimation and Planning
- Engineering Execution
- Task Flow/Assignment
- Feedback (Review and Retrospective)

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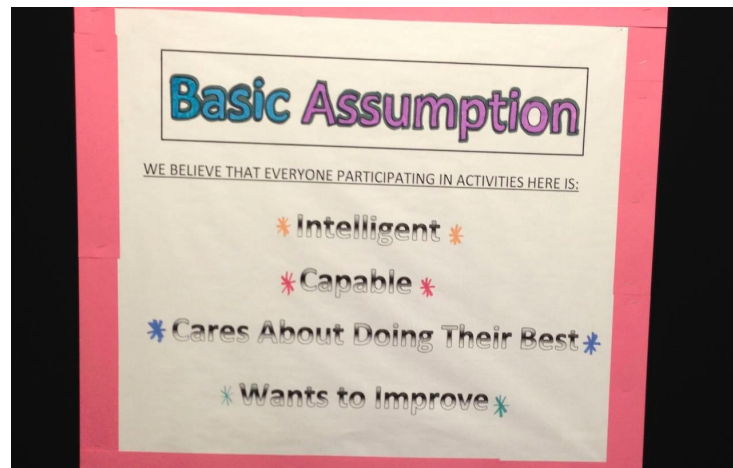
# Adapt (When & How)

- After Retrospective / Gather Data

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**DON'T CALL IT AGILE  
IF IT IS NOT!**

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# Trust

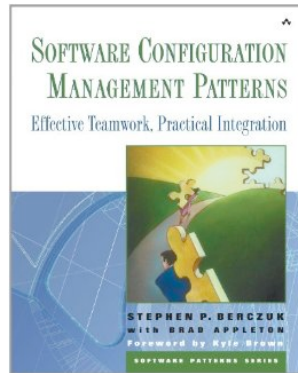
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# Recap

- Practice and Learn
- Review and Retrospect
- Adapt, Measure, and Adapt
- Be Willing to Fail

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# My Book



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